

Background

Michelle Savage (b. 1970) Graduate of the Institute for Integrative Nutrition and author of three game-changing books on healthy, fun, and rewarding eating and lifestyle change: The Green Aisle's Healthy Smoothies & Slushies, The Green Aisle's Healthy Indulgence and The Green Aisle's Healthy Juicing.

Her passion is working with women who strive for empowerment and confidence by helping them lose weight, reverse digestive issues, and find their happiness.

Qualifications

Michelle Savage - Certified Gut Health Coach

Training and Education

The Institute for Integrative Nutrition, New York City Professional Training and Certification Program

Recent Accomplishments:

Todayshow - # 4 out of 13 delicious and healthy new #cookbooks we can't cook without

Appearance on Good Day Sacramento, featuring The Green Aisle's Healthy Smoothies & Slushies, 75 healthy recipes to help you lose weight & get fit

Article in the Manteca Bulletin, formal Congratulations from House of Representative Jeff Denham for her book and efforts to make the Valley a healthier region

Great Valley Bookfest - presentations, healthy cooking demos, free gift and raffle giveaways

Publications, Reviews & Media:

Skyhorse Publishing; Today Show; Great Valley Bookfest; Writers & Authors on Fire by John Vonhof; Cookbooks 365; Fit Life Pursuits; Publishers Weekly, Chefs Cook at Home.

Books Sold Here:

Barnes & Noble, Amazon, selected Whole Foods, Costco, online @ Target, Walmart, iTunes and Nature's Corner, Manteca, CA; Olive Oil Pantry in Manteca, CA and Pleasanton, CA.

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